

GTA MINOR SURGERY CLINIC REFERRAL FORM

Location: 2250 Bovaird Dr. E, Unit 303

Dr. Jennica Platt, MD MSc FRCSC
Plastic and Aesthetic Surgery

Dr. Pavi Kundhal, MD MBA FRCSC
General and Laparoscopic Surgeon

POST-PROCEDURAL CARE INSTRUCTIONS:

GENERAL BODY/EXTREMITY with small bandage:

- Remove outer dressing in 48 hours
- If there are steri-strips (white tapes) under the small bandage, leave intact until follow-up
- Start washing normally with soap and water when you take off bandage (at 48 hours)
- If there are NO steri-strips: after washing, apply a thin layer of Vaseline ointment and cover with a simple bandage
- If there are steri-strips: after washing, you do not need to cover the strips
- For breast reduction, follow these instructions, replace the abdominal pad after the shower and do not use underwire bra

SCALP:

- Wash like usual at 48 hours
- Apply a thin layer of Vaseline ointment over the incision line

TOE/FINGERNAIL SURGERY:

- Follow general instructions
- Use Epsom Salt soaks daily for 1 week
- Elevate extremity
- Avoid tight socks and shoes

MAJOR AESTHETIC SURGERY

- Your surgeon will provide you with specific instructions

IF YOU HAVE A CAST

- Keep your extremity elevated
- Keep the cast clean and dry

DO NOT:

- Do not immerse the surgical incision in water (including no dishes, swimming or hot-tub)
- Do not remove your own sutures/stitches
- Do not take long walks with your extremity (arm or leg) in dependent position
- Do not fly on a plane within 2 weeks of your surgical procedure

OTHER QUESTIONS OR CONCERNS:

- Weekday 8:30am-4:30pm, call the office: Dr. Platt: 647-946-5439; Dr. Kundhal: 905-792-6223
- After hours, weekends or no response to your phone call/message: see your family physician or go to your local walk-in or emergency department
- Concerning events include (but are not limited to): redness spreading beyond several millimeters from incision, increasing pain despite medication, increasing drainage from incision, increasing swelling despite elevation, fevers/chills